

maternity bag

CHECKLIST

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|--|---|
| <input type="checkbox"/> Antenatal card | <input type="checkbox"/> Gatorade |
| <input type="checkbox"/> Private health card | <input type="checkbox"/> Snacks |
| <input type="checkbox"/> Medicare card | <input type="checkbox"/> Thongs |
| <input type="checkbox"/> Birthing plan | <input type="checkbox"/> CDs or iPod |
| <input type="checkbox"/> Lip balm | <input type="checkbox"/> Heat pack, ice blocks |
| <input type="checkbox"/> Hair bands | <input type="checkbox"/> Socks |
| <input type="checkbox"/> Water bottle | <input type="checkbox"/> Baggy shirts, singlets |
| <input type="checkbox"/> Phone & charger | <input type="checkbox"/> Breath mints |
| <input type="checkbox"/> Camera & charger | <input type="checkbox"/> Stress balls |
| <input type="checkbox"/> Video camera | <input type="checkbox"/> Massage oil |
| <input type="checkbox"/> Facial wash | <input type="checkbox"/> Spare change |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |