

# AMAZING 30-DAY FRUGAL WINTER MEAL PLAN

# Dinner Recipes



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 <p>Frugal Old Fashioned Pastie Slab</p>	 <p>Easy Curried Sausages</p>	 <p>Schmancy Macaroni Cheese</p>	 <p>Bacon and Egg Pie</p>	 <p>Mexican Chicken Bake</p>	 <p>Porcupine Meatballs</p>
 <p>Three Ingredient Sour Cream Quiche</p>	 <p>Bunless Burgers</p>	 <p>Slow Cooker Apricot Chicken</p>	 <p>Golden Bake</p>	 <p>Easy Yogurt Baked Chicken Pieces</p>	 <p>Chicken and Cauliflower Bake</p>	 <p>Slow Cooker Creamy Salsa Chicken</p>
 <p>Slow Cooker Chicken Noodle Soup</p>	 <p>Cream of Chicken Soup</p>	 <p>Slow Cooker Devilled Sausages</p>	 <p>Savoury Mince</p>	 <p>Chicken Pot Pie</p>	 <p>Easy Greek Yogurt Marinated Chicken Legs</p>	 <p>Homemade Pork and Apple Sausage Rolls</p>
 <p>Chicken and Vegetable Casserole</p>	 <p>Chicken and Mashed Potato Bake</p>	 <p>Sticky Sausages</p>	 <p>Sausage Stroganoff</p>	 <p>Sausage Risotto</p>	 <p>Veggie Filled Bolognaise Sauce</p>	 <p>Beef Tortilla Stack</p>
 <p>Fussy Eaters Easy Chicken Stir Fry</p>	 <p>Low Fat Tuna Mornay</p>	 <p>Chicken Stuffed Sweet Potatoes</p>				